

November



Newsletter

VOTE • Tuesday, December 11, 2018 • VOTE


**BUILDING OUR FUTURE TOGETHER**  
 2018 DUTCHESS BOCES CAPITAL PROJECT

## Why It Matters..

Simply put, if the 2018 Dutchess BOCES Capital Project goes ahead it will result in improved and increased access to services for students with special needs in Dutchess County

Dutchess BOCES provides a number of services including the Salt Point Center, a child-centered K-8 school, the Alternative High School, the Career and Technical Institute, school-based satellite programs serving a range of disabilities, intensive day treatment, adult learning, itinerant social workers and behavioral specialists. If you want to see these services improved and expanded, please consider voting on December 8th.

Visit [www.dcboces.org](http://www.dcboces.org) to find out more and check your voting location

1

### MORE CAPACITY

The plan proposes 60,000 sq ft of additional space

2

### GRADES K-8

It will provide more flexibility for exceptional students.

3

### GRADES 9-12

Integrated programs and innovative learning spaces

### Inclusive Schools Week

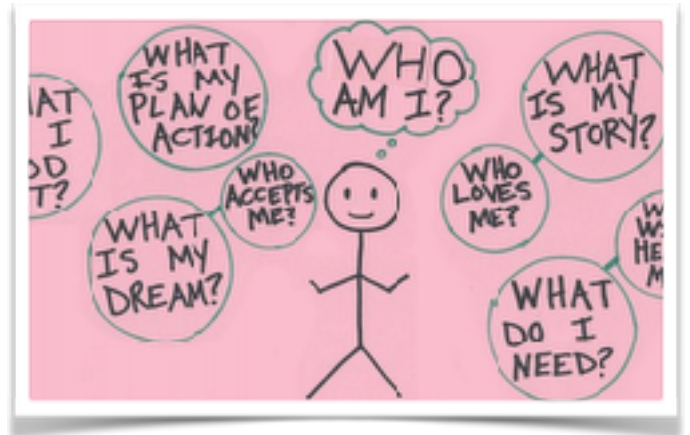
The first week of December celebrates the progress schools have made in providing a more supportive education to an increasing diverse student population

### Holiday Round Robin - Dec 8th

Sign-ups are still available for our event celebrating holidays around the world. Email [acsdsepta.president@gmail.com](mailto:acsdsepta.president@gmail.com) to learn more or to sign up

## Self Advocacy - What's it all about?

Lately, you may have come across the terms, self advocacy and self direction. These ideas are gaining traction, in response to the growing understanding that our children don't just need support, they need to be prepared for independence and adult life.



By the time your child reaches high school, he/she will be expected to participate fully in IEP meetings. We discussed this idea at our last SEPTA board meeting and speculated that 5th grade may be a good time for your child to start acquiring the skills to do this. To learn more, we recommend you attend our upcoming presentation, Planning for your IEP Meeting, with special education advocate, Karen Lynch (February 21st). In the meantime, you can click on this link for a good introduction to self-advocacy, <https://www.understood.org/en/friends-feelings/empowering-your-child/self-advocacy/the-importance-of-self-advocacy>

**SEPTA BOOK GROUP - Our first book will be Raising Human Beings by Dr Ross Greene. We will meet up on Monday January 28th, time and location TBD. If you would like to join in, email [acsdepta.president@gmail.com](mailto:acsdepta.president@gmail.com)**

## UPCOMING EVENTS

- Dec 4th - Sensory Integration Presentation (Wappingers SEPAC)
- Dec 8th - ACSD SEPTA presents Holiday Round Robin
- January 5th - Hudson Valley Open Winter Rubik's Cube Competition
- January 18th - ACSD SEPTA presents Emoji Yoga Workshop
- February 21st - ACSD SEPTA presentation- Planning for Your IEP Meeting with special education advocate, Karen Lynch
- March 16th - ACSD SEPTA Annual LEGO Fundraiser

**SEPTA web page <https://www.arlingtonschools.org/Domain/55>**



